

# Teach Teal:

## Food Allergy Awareness

# Design Your Own Medical

# Bracelet!



Medical alert jewelry is any piece of jewelry, necklaces or bracelets, that have medical information written on them. Normally, if a person has food allergies, they include the person's name, phone numbers to call if there was an emergency, medications they have to take, their food allergies, and instructions of what to do if they had an allergic reaction such as 'give EpiPen and call 911'. In the front of every medical alert jewelry for any medical condition is a caduceus which looks like two snakes wrapped around a staff with wings on the top or an asclepius which looks like a snake with a staff. In the past medical alert jewelry was typically plain but now, many companies have created stylish and fun medical alert jewelry.

## Use coloring supplies to create a medical bracelet

## design of your own!